



# YMCA Level 2 Certificate in Gym Instructing

603/2767/4

This is to certify that

**Benjamin Crayston**

achieved the above qualification on 24/03/2022, following a programme of study at

**Muse Fitness Qualifications**

The following components were completed:

Title	Level	Credit(s)	UN
Anatomy and physiology for exercise and fitness instructors	2	6	K/616/7823
Lifestyle management and health awareness	2	2	K/616/7949
Providing a positive customer experience in the exercise environment	2	5	M/616/7824
Gym-based programme delivery and professional instruction	2	5	H/616/7951
Gym-based programme planning and preparation	2	3	D/616/7950

*Arvinda Gohil*

**Arvinda Gohil**  
Group Chief Executive, Central YMCA



**Learner Number:** L00025373  
**Validation Number:** 00262009-01-34PF

**Certificate Number:** 5859963  
**Issued:** 24/03/2022

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